

NAVIGATOR WORKGROUP

Sarasota

March 16th, 2023

**Thank you for
coming!**

We appreciate you all taking time out of your busy schedules to come network and discuss barriers in our community!

As a reminder, ODD MONTHS will be held at DOH in Sarasota. EVEN MONTHS will be held at Manatee Community Foundation. You are more than welcome to attend either/both!

- Affordable Housing
- Short staff for senior living
- Long waitlist for assisted living facility
- Cost for home health aid
 - Transportation
 - Financial abuse

**Barriers we
heard today..**

**What stuck with
you today?**

"Housing is an issue for all ages."

"Nearly 40% of Sarasota population is over 60 years of age."

"Compassion is the key. Be kind and be patient."

"Ageism is very profound in our culture - jokes especially. Something we need to be aware of."

Upcoming Events:

Community Navigators Event Listing -
Sarasota and Manatee
[Open \[docs.google.com\]](https://docs.google.com)



Senior Friendship Center

- Gives FREE lunch for those over 60 years in Sarasota County

Seniors Blue Book

- Provides a plethora of resources for the elderly

Area Agency on Aging for Southwest Florida

- Serves adults 60+ and adults with disabilities
- The Elder Helpline
866-413-5337 (866-41-ELDER)



UNITE US

Questions about the electronic platform Unite Us?

Please email Stephanie:
stephanie.harris@uniteus.com

Questions about the Navigator Workgroup?

 first1000days@smh.com

Next Sarasota Meeting:
Thursday, May 18th, 12-1pm
@ Sarasota Department of Health Rm 226

Next Manatee Meeting:
Monday, April 10th, 12-1pm
@ Manatee Community Foundation

THANK YOU!

